



Lake Forest *at St Lucie West*

NEWSLETTER



FROM THE BOARD OF DIRECTORS

St Lucie West Service District will be doing major storm water drainage improvements within Lake Forest this summer. The work will be done at the two lakes with the outflow structures. The two lakes are the one behind the clubhouse and the other is behind Lake Manatee and Myakka River Trace.

For construction, a large portion of the berms will be removed for access from the Turnpike side. An automated out flow structure will be built on the west (our) side of the berm.

This improvement will help facilitate the movement of storm water out of Lake Forest. The work will not encroach on any ones property.

All access will be from the dirt road along the turnpike. Once completed the outflow structures will be visible from our side. The existing outflow structures will be removed and the berms will be restored back to original condition.

At the time the newsletter is being published, it is projected that the work should be started by mid June with no time line on completion. All of the improvements that are to be done in St Lucie West are being funded by a FEMA grant.

Enjoy your summer. See you in the fall.

The Board of Directors

TREASURERS REPORT

For the Month Ending April 30, 2011

HOA Funds are held in the following accounts:

\$ 210,280.00	in our Operating Account
\$ 218,171.00	invested in various CD's and CDAR's
\$ 306,694.00	in Reserve Accounts
\$ 218,171.00	is owed to the HOA by residents.

Three (3) homes were sold in April bringing the total for the year to twelve (12) homes.

Sixty-one (61) homes currently have legal action pending. Over forty (40) of these are in foreclosure.

The Home Owners Association is currently in possession of four (4) homes, one of which will be sold shortly with the HOA recouping all outstanding debts.

Regards

Jim Russello, Treasurer

JUNE 2011

Page 1

- From the Board of Directors
- Treasurers Report

Page 2

- From the Editor
- Happy Hour

Page 3

- June Schedule of Events

Page 4

- Four Ads

Page 5

- July Schedule of Events

Page 6

- Maryann's Recipe Corner

Page 7

- August Schedule of Events

Pages 8, 10 and 11

- History Almost Forgotten

Page 9

- September Schedule of Events

Page 12

- Two Ads
- Contact Information

FROM THE EDITOR

This issue of the newsletter will be the last one until October. As we have done in the past, my wife and I will be heading to New Hampshire for the summer. We expect to be back in the middle of September in time to publish the October newsletter. Because there will be no July, August or September newsletters, the events calendars for those months are included in this issue.

My wife and I wish for all of you a great summer.

Frank Gomes, Newsletter Editor

HAPPY HOUR

Cocktail Party and Fun Evening

**SPONSORED BY THE
LAKE FOREST
RELAY FOR LIFE TEAM**

SATURDAY, JUNE 11, 2011 at 7:00pm

**HOSTED BY
Gary Filley and Patricia Santagata
284 SW Lake Forest Way
Lake Forest**

**FOR INFORMATION CALL
871 1572**

**\$3.00 per person donation. BYOB and an
appetizer. Raffles, 50/50, Treasure Table**

***SNACK A LITTLE. LAUGH A LITTLE
MAKE NEW FRIENDS... HELP A WORTHY CAUSE***



**All Proceeds Benefit the
American Cancer Society's
Relay For Life!**

JUNE CLUBHOUSE EVENTS

Wednesday	June 1	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Thursday	June 2	7:00pm	Poker
		1:00pm	Poker
		7:00pm	Architectural Committee
Friday	June 3	7:00pm	Mah Jongg
		9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	June 6	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	June 7	1:00pm	Poker
Wednesday	June 8	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	June 9	1:00pm	Poker
		7:00pm	Mah Jongg
Friday	June 10	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	June 13	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	June 14	1:00pm	Poker
		7:00pm	Covenants and Restrictions
Wednesday	June 15	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	June 16	1:00pm	Poker
		7:00pm	Architectural Committee
		7:00pm	Mah Jongg
Friday	June 17	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	June 20	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	June 21	1:00pm	Poker
Wednesday	June 22	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	June 23	1:00pm	Poker
		7:00pm	Mah Jongg
Friday	June 24	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	June 27	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	June 28	1:00pm	Poker
		7:00pm	Covenants and Restrictions
Wednesday	June 29	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	June 30	1:00pm	Poker
		7:00pm	Mah Jongg



Certified in Pet CPR & First Aid

Debbie Markel
Palmhart@aol.com

Call Kitten Sittin' &
Leave the "Kids"
at Home



KITTEN SITTING
Pet Sitting in the Comfort of Your Home!
772-521-4955
Licensed & Insured / Background Screened
www.kittensittin.net

Michael R. Repoli, CPA, EA

MICHAEL R. REPOLI
*Certified Public Accountant
and Enrolled Agent*



PO Box 881051
St. Lucie West, FL 34988
(772) 878-3703 • FAX (772) 343-7287
mrepoli@comcast.net
www.repolicpa.com

PRIVATE DUTY NURSE

Will care for your loved ones in your home.
Excellent references, Bonded
25 Years experience
Call Lori, a Lake Forest resident
585 315 0433

BABYSITTER

**A mature, reliable and trustworthy lady
will care for your baby in your home
Part time or Full time
Monday thru Friday 7:30am to 4:30pm
Available August 1st
Call Rosie at 340 7799**

**Salary to be discussed at interview
References available**

JULY CLUBHOUSE EVENTS

Friday	July 1	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	July 4		Office closed
Monday	July 4	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	July 5	1:00pm	Poker
Wednesday	July 6	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	July 7	1:00pm 7:00pm 7:00pm	Poker Architectural Committee Mah Jongg
Friday	July 8	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	July 11	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	July 12	1:00pm 7:00pm	Poker Covenants and Restrictions
Wednesday	July 13	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	July 14	9:00am 1:00pm 7:00pm	COP Meeting Poker Mah Jongg
Friday	July 15	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	July 18	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	July 19	1:00pm	Poker
Wednesday	July 20	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	July 21	1:00pm 7:00pm 7:00pm	Poker Architectural Committee Mah Jongg
Friday	July 22	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	July 25	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	July 26	1:00pm 7:00pm	Poker Covenants and Restrictions
Wednesday	July 27	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	July 28	1:00pm 7:00pm	Poker Mah Jongg
Friday	July 29	9:00am 12:30pm	Water Aerobics Mah Jongg



INDEPENDENCE
DAY

MARYANN'S RECIPE CORNER

Crisp Chicken with Sweet and Sour Dipping Sauce

For the dipping sauce:

- 3/4 cup apricot preserves
- 3 tbsp soy sauce
- 3 tbsp ketchup
- 1 1/2 tsp Worcestershire sauce
- 5 skinless, boneless chicken breast halves, about 5 to 6 oz each
- Pound to an even thickness, if not already too thick
- Salt and ground pepper (to taste)
- 1/4 cup of all purpose flour
- 2 eggs
- 1 1/2 cups of Panko
- 1/4 cup of canola or vegetable oil

To make dipping sauce, in a bowl, stir together the apricot preserves, soy sauce, ketchup and Worcestershire sauce. Divide into 5 small bowls. Season the chicken breast with salt and pepper. Spread the flour on a plate, beat the eggs in a shallow bowl until blended, and spread the panko crumbs on another plate. One at a time, dredge each chicken breast in the flour, dip in the eggs and then coat evenly with the panko. Set aside on a large plate.

In a large frying pan, heat the oil over medium-high heat until very hot but not smoking. Add the chicken breast and reduce the heat to medium. Cook turning once, until the crumbs are golden brown and the chicken breasts feel firm when pressed in the centers, about 4 minutes each side. Adjust the heat as needed so the crumbs don't burn. Transfer to a cutting board.

Slice each breast across the grain into wide strips. Slide a knife under the strips and transfer to individual plates. Serve with dipping sauce. Makes 5 servings.



Chocolate Irish Cream Cheesecake

1 1/2 cups finely crushed chocolate wafers (about 18 cookies) or you can use box graham cracker crumbs.

- 6 tbsp butter, melted
 - 1/2 tsp ground cinnamon
- Mix together to make the crust

Filling:

- 3 8 oz packages cream cheese, softened
- 1 8 oz carton dairy sour cream
- 1 cup of sugar
- 1 8 oz package of semisweet chocolate chips, melted and cooled.
- 3 eggs
- 1/2 cup of Bailey's Irish Cream liqueur
- 2 tbsp milk
- 2 tsp vanilla

Directions: Preheat oven to 325 degrees.

Press cracker crumbs onto the bottom and up the side of a 9 or 10 inch springform pan and set aside.

For Filling:

In a large bowl, combine cream cheese, sour cream, sugar and melted chocolate. Beat with an electric mixer on medium to high speed until smooth. Using a wooden spoon, stir in eggs just until combined. Stir in the liqueur, milk and vanilla. Pour filling into the crust lined pan. Place springform pan in shallow baking pan. Bake for 50 to 60 minutes. Using a small sharp knife, loosen from side of the pan. Cool for 30 minutes more. Remove side of pan and cool for 1 hour. Cover and chill for at least 6 hours or up to 24 hours.

Makes 16 pieces. **Enjoy!**

Maryann Borie



AUGUST CLUBHOUSE EVENTS

Monday	August 1	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	August 2	1:00pm	Poker
Wednesday	August 3	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	August 4	1:00pm	Poker
		7:00pm	Architectural Committee
		7:00pm	Mah Jongg
Friday	August 5	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	August 8	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	August 9	1:00pm	Poker
		7:00pm	Covenants and Restrictions
Wednesday	August 10	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	August 11	1:00pm	Poker
		7:00pm	Mah Jongg
Friday	August 12	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	August 15	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	August 16	1:00pm	Poker
Wednesday	August 17	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	August 18	1:00pm	Poker
		7:00pm	Architectural Committee
		7:00pm	Mah Jongg
Friday	August 19	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	August 22	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	August 23	1:00pm	Poker
		7:00pm	Covenants and Restrictions
Wednesday	August 24	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker
Thursday	August 25	1:00pm	Poker
		7:00pm	Mah Jongg
Friday	August 26	9:00am	Water Aerobics
		12:30pm	Mah Jongg
Monday	August 29	9:00am	Water Aerobics
		7:30pm	Mah Jongg
Tuesday	August 30	1:00pm	Poker
Wednesday	August 31	9:00am	Water Aerobics
		12:30pm	Mah Jongg
		7:00pm	Poker



HISTORY ALMOST FORGOTTEN

With Memorial Day having just past and the sixty-sixth anniversary of the bombing of Hiroshima and Nagasaki coming in August, we include this piece of history.

Tinian Island, Pacific Ocean. It's a small island, less than forty square miles, a flat green dot in the vastness of Pacific blue. Fly over it and you notice a slash across its north end of uninhabited bush, a long thin line that looks like an overgrown dirt runway. If you didn't know what it was, you wouldn't give it a second glance out your airplane window. (Pictures 1 and 2)

On the ground, you see the runway isn't dirt but tarmac and crushed limestone, abandoned with weeds sticking out of it. Yet this is arguably the most historical airstrip on earth. This is where World War II was won. This is Runway Able. (Picture 3)

On July 24, 1944, 30,000 US Marines landed on the beaches of Tinian. Eight days later, over 8,000 of the 8,800 Japanese soldiers on the island were dead (vs. 328 Marines), and four months later the Seabees had built the busiest airfield of WW II - dubbed North Field - enabling B-29 Superfortresses to launch air attacks on the Philippines, Okinawa, and mainland Japan.

Late in the afternoon of August 5, 1945, a B-29 was maneuvered over a bomb loading pit (Picture 4). Then after lengthy preparations, taxied to the east end of North Field's main runway, Runway Able, and at 2:45am in the early morning darkness of August 6, took off.

The B-29 was piloted by Col. Paul Tibbets of the US Army Air Force, who had named the plane after his mother, Enola Gay. The crew named the bomb they were carrying *Little Boy*. Six hours later, at 8:15am Japan time, the first atomic bomb was dropped on Hiroshima .

Three days later, in the predawn hours of August 9, a B-29 named Bockscar (a pun on "boxcar" after its flight commander Capt. Fred Bock), piloted by Major Charles Sweeney, took off from Runway Able. Finding its primary target of Kokura obscured by clouds, Sweeney proceeded to the secondary target of Nagasaki, over which, at 11:01am, bombardier Kermit Beahan released the atomic bomb dubbed *Fat Man*.

Here is "Atomic Bomb Pit #1" where *Little Boy* was loaded onto Enola Gay:

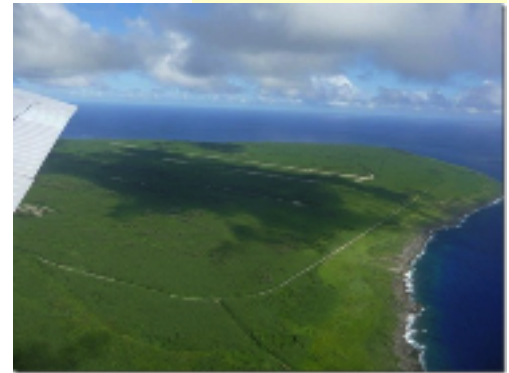
There are pictures displayed in the pit, now glass enclosed. Picture 5 shows *Little Boy* being hoisted into Enola Gay's bomb bay.

And here on the other side of ramp is "Atomic Bomb Pit #2" where *Fat Man* was loaded onto Boxcar.

The commemorative plaque records that sixteen hours after the nuking of Nagasaki, "On August 10, 1945 at 0300 hours (3:00am), the Japanese Emperor, without his cabinet's consent, decided to end the Pacific War."

These pictures show where World War II ended with total victory of America over Japan. I was there all alone. There were no other visitors and no one lives anywhere near for miles. Visiting the Bomb Pits, walking along deserted Runway Able in solitude, was a moment of extraordinarily powerful solemnity.

It was a moment of deep reflection. Most people, when they think of Hiroshima and Nagasaki, reflect on the numbers of lives



Picture 1



Picture 2



Picture 3



Picture 4

(continued on pages 10 and 11)

SEPTEMBER CLUBHOUSE EVENTS

Thursday	September 1	1:00pm 7:00pm 7:00pm	Poker Architectural Committee Mah Jongg
Friday	September 2	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	September 5		Office closed
Monday	September 5	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	September 6	1:00pm	Poker
Wednesday	September 7	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	September 8	9:00am 1:00pm 7:00pm	COP Meeting Poker Mah Jongg
Friday	September 9	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	September 12	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	September 13	1:00pm 7:00pm	Poker Covenants and Restrictions
Wednesday	September 14	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	September 15	1:00pm 7:00pm 7:00pm	Poker Architectural Committee Mah Jongg
Friday	September 16	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	September 19	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	September 20	1:00pm	Poker
Wednesday	September 21	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	September 22	1:00pm 7:00pm	Poker Mah Jongg
Friday	September 23	9:00am 12:30pm	Water Aerobics Mah Jongg
Monday	September 26	9:00am 7:30pm	Water Aerobics Mah Jongg
Tuesday	September 27	1:00pm 7:00pm	Poker Covenants and Restrictions
Wednesday	September 28	9:00am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	September 29	1:00pm	Poker
Thursday	September 29	7:00pm	Board of Directors Meeting at the clubhouse
Friday	September 30	7:00pm 9:00am 12:30pm	Mah Jongg Water Aerobics Mah Jongg



MONDAY,
SEPTEMBER 5TH

It was a moment of deep reflection. Most people, when they think of Hiroshima and Nagasaki, reflect on the numbers of lives killed in the nuclear blasts - at least 70,000 and 50,000 respectively. Being here caused me to reflect on the number of lives saved - how many more Japanese and Americans would have died in a continuation of the war had the nukes not been dropped.

Yet that was not all. It's not just that the nukes obviated the US invasion of Japan, Operation Downfall, that would have caused upwards of a million American and Japanese deaths or more. It's that nuking Hiroshima and Nagasaki were of extraordinary humanitarian benefit to the nation and people of Japan.



Picture 5

Let's go to this cliff on the nearby island of Saipan to learn why:

Saipan is less than a mile north of Tinian. The month before the Marines took Tinian, on June 15, 1944, 71,000 Marines landed on Saipan. They faced 31,000 Japanese soldiers determined not to surrender.

Japan had colonized Saipan after World War I and turned the island into a giant sugar cane plantation. By the time of the Marine invasion, in addition to the 31,000 entrenched soldiers, some 25,000 Japanese settlers were living on Saipan, plus thousands more Okinawans, Koreans, and native islanders brutalized as slaves to cut the sugar cane.

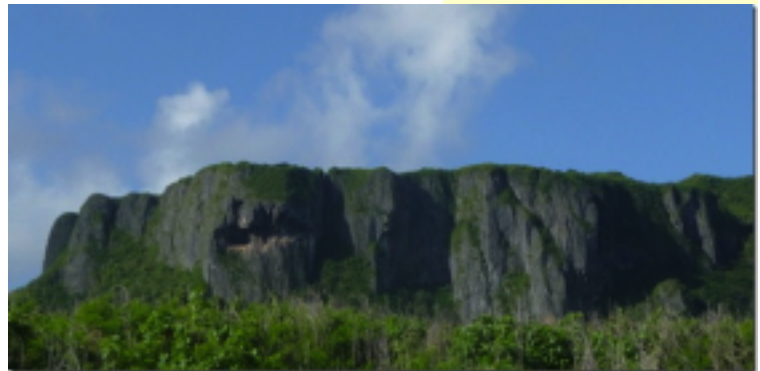
There were also one or two thousand Korean "comfort women" (kanji in Japanese), abducted young women from Japan's colony of Korea to service the Japanese soldiers as sex slaves. (*See The Comfort Women: Japan's Brutal Regime of Enforced Prostitution in the Second World War*, by George Hicks.)

Within a week of their landing, the Marines set up a civilian prisoner encampment that quickly attracted a couple thousand Japanese and others wanting US food and protection. When word of this reached Emperor Hirohito - who contrary to the myth, was in full charge of the war - he became alarmed that radio interviews of the well-treated prisoners broadcast to Japan would subvert his people's will to fight.

As meticulously documented by historian Herbert Bix in "Hirohito and the Making of Modern Japan," the Emperor issued an order for all Japanese civilians on Saipan to commit suicide. The order included the promise that, although the civilians were of low caste, their suicide would grant them a status in heaven equal to those honored soldiers who died in combat for their Emperor.

And that is why the precipice, shown in Picture 6, is known as Suicide Cliff, off which over 20,000 Japanese civilians jumped to their deaths to comply with their fascist emperor's desire - mothers flinging their babies off the cliff first or in their arms as they jumped.

Anyone reluctant or refused, such as the Okinawan or Korean slaves, were shoved off at gunpoint by the Jap soldiers. Then the soldiers themselves proceeded to hurl themselves into the ocean to drown off a sea cliff afterwards called Banzai Cliff. Of the 31,000 Japanese soldiers on Saipan, the Marines killed 25,000, 5,000 jumped off Banzai Cliff, and only the remaining thousand were taken prisoner.



Picture 6

Anyone reluctant or refused, such as the Okinawan or Korean slaves, were shoved off at gunpoint by the Jap soldiers. Then the soldiers themselves proceeded to hurl themselves into the ocean to drown off a sea cliff afterwards called Banzai Cliff. Of the 31,000 Japanese soldiers on Saipan, the Marines killed 25,000, 5,000 jumped off Banzai Cliff, and only the remaining thousand were taken prisoner.

The extent of this demented fanaticism is very hard for any civilized mind to fathom - especially when it is devoted not to anything noble but barbarian evil instead. The vast brutalities inflicted by the Japanese on their conquered and colonized peoples of China, Korea, the Philippines, and throughout their "Greater East Asia Co-Prosperity Sphere" was a hideously depraved horror.

And they were willing to fight to the death to defend it. So they had to be nuked. The only way to put an end to the Japanese barbarian horror was unimaginably colossal destruction against which they had no defense whatever. Nuking Japan was not a matter of justice, revenge, or it getting what it deserved. It was the only way to end the Japanese dementia.

And it worked - for the Japanese. They stopped being barbarians and started being civilized. They achieved more prosperity - and peace - than they ever knew, or could have achieved had they continued fighting and not been nuked. The shock of getting nuked is responsible.

We achieved this because we were determined to achieve victory. Victory without apologies. Despite perennial liberal demands we do so, America and its government has never apologized for nuking Japan. Hopefully, America never will.

Guinness lists Saipan as having the best, most equitable, weather in the world. And the beaches? Take a look at this picture!

Although we do not forget, history fades into the shadows of our mind and we seldom think about it. But, we should remember and we should be constantly reminded of our history, where we came from and how we got here.



JT'S SERVICES
The Treasure Coast INC.

Carpet Cleaning
24 Hours Emergency Services

Jose Torres
Owner & Operator

Professional Cleaning
At Your Services

Po Box 7729 Port St Lucie
Florida, 34985
www.jtservicesfl.com

Ph: 772.336.5840
Fax: (866) 445.9541
Email: tc@jtservicesfl.com

Carpet - Tile & Grout - Upholstery - AC Duct Cleaning - General Maintenance

Sunshine State Painting, Inc.

EDWIN DELGADO

INTERIOR/EXTERIOR · RESIDENTIAL REPAINT
PRESSURE CLEANING · FREE ESTIMATES
LICENSED & INSURED

772.626.7218

Tile Roof Cleaning
\$175.00

Exterior Painting
Starting at \$1500.00,
including paint

Interior Painting
Starting at \$180.00
per room,
including paint

**The Lake Forest Clubhouse office is open Monday thru
Friday from 8:30am to 12:30pm**

Lake Forest at Saint Lucie West HOA, Inc.
249 SW Lake Forest Way
Port Saint Lucie, Florida 34986
Office: (772) 878 1944 Fax: (772) 878 6461
Email: howard@lakeforestatslw.com

or
directors@lakeforestatslw.com
Web site: www.LakeForestatSLW.com

**Articles for the October Newsletter are due
Monday, September 26th**

Send articles to Frank Gomes at: fbgomes@comcast.net