

# LAKE FOREST NEWSLETTER

M A Y 2 0 1 0



## NEWS FROM THE BOARD OF DIRECTORS

To all of our departing snowbirds, have a safe trip. We will see you in the fall.

At the April Board of Directors, meeting, we entered into a one year agreement with St Lucie West Services District for storm water system **main-tenance of all the storm water pipes and catch basins within Lake Forest.** This agreement has no cost the the Homeowners Association and will save us thousands of dollars if we had to pay for such a service. Estimated cost for such service is approximately \$800.00 per day, with a total cost of some where between \$12,000.00 and \$20,000.00. **This came about by us working together with all the other Homeowners Association Boards**

### **of Directors within St. Lucie West.**

We were able to convince the District that it was in everyone's best interest for them to maintain all of the storm water systems, since they had the equipment and expertise to do so.

This month we will be back to mowing weekly, weather permitting.

The clubhouse office hours have changed. The hours are now 8:30am to 12:30pm.

**We have adjourned for the summer. The next Board of Directors meeting will be in September,**

Have a great summer.  
Thank You

**The Board of Directors**

## TREASURERS REPORT

**For the Month Ending March 31, 2010**

HOA Funds are held in the following accounts:

<b>\$ 81,374.00</b>	in our Operating Account
<b>\$446,167.00</b>	invested in various CD's and CDAR's
<b>\$255,402.00</b>	in Reserve Accounts
<b>\$136,001.00</b>	is owed to the HOA by residents.

There are currently one-hundred and three (103) known rented properties in the community.

Currently there is legal action pending on sixty-nine (69) homes in Lake Forest. This number should start to go down as it appears home sales are starting to surpass foreclosures.

In the month of March there were seven (7) homes sold in our community. It appears that the HOA will be collecting some of the moneys owed it from the sale of several of these homes.

Regards

**Jim Russello, Treasurer**

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## A LANDSCAPING “THANK YOU”

**Our landscaping committee added another project to this years assignment.** After meeting with a nurseryman concerning our near dead Ixora shrubs, we decided to replace these plants. We were told that our only hope for these plants was to cut them to ground level and in three years the survivors would again be at eighteen inches. Our decision was to replant with plants which would restore these plant beds at the clubhouse and north gate. We were watching the clubhouse Ixoras closely for signs of life. As we removed these plants, we found the north entry plants almost totally dead.

**Thanks to each of the following residents for their help in this community enhancement project:**

Tom Czyzycki, Jacky Duckett, Patty Dunhill, Frank Gomes, Dan Green,  
Jerry Hutchinson, Leo McCabe, Jack Minenna, Luis Nogueira, Rod White,  
Dennis Prinz, Jim Russello, Jose Triqueiro and Will Markham.

**Doug Duckett, Chair, Landscape Committee**

### **Editors Note:**

The Lake Forest community owes a debt of gratitude to **Landscape Committee Chair, Doug Duckett**, for his tireless efforts to make Lake Forest a beautiful place to live in and for our families, friends and guests to visit. **Thank you, Doug.**

## LAKE FOREST RELAY FOR LIFE

We have come to the end of our fundraising year and we are going out with a bang. **Saturday April 24, 2010 was our last happy hour for this year's fundraising and it was a success.** We had a couple of new faces and the regular crowd. We are all looking forward to the St Lucie Relay at Digital Domain Field on Friday April 30th. (The newsletter's deadline for May was before the event. I will have an update in June.

**The Lake Forest Relay for Life team wants to thank everyone for their continued support in helping us reach our goal for this year of \$10,000.** We are hoping to see some new faces and of course all the regulars at our Happy Hours and fundraising events in the months to come.

Please join us in kicking off the new year of fundraising on Saturday, May 22, 2010.

Hope to see you there!!

**Shelley Garcia, Relay for Life Team Member**

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## SCHEDULE OF EVENTS

Monday	May 3	9:30am 12:30pm 7:30pm	Water Aerobics Knitting and Crocheting Mah Jongg
Tuesday	May 4	1:00pm	Poker
Wednesday	May 5	9:30am 12:30pm 7:00pm 8:00pm	Water Aerobics Mah Jongg Relay for Life Poker
Thursday	May 6	1:00pm 7:00pm	Mah Jongg Architectural Committee
Friday	May 7	9:30am 12:30pm	Water Aerobics Mah Jongg
Monday	May 10	9:30am 12:30pm 7:30pm	Water Aerobics Knitting and Crocheting Mah Jongg
Tuesday	May 11	9:30am 1:00pm 7:00pm	Board of Directors Workshop Poker Covenants and Restrictions
Wednesday	May 12	9:30am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	May 13	1:00pm 7:00pm	Poker Mah Jongg
Friday	May 14	9:30am 12:30pm	Water Aerobics Mah Jongg
Monday	May 17	9:30am 12:30pm 7:30pm	Water Aerobics Knitting and Crocheting Mah Jongg
Tuesday	May 18	1:00pm	Poker
Wednesday	May 19	9:30am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	May 20	1:00pm 7:00pm 7:00pm	Poker Architectural Committee Mah Jongg
Friday	May 2	9:30am 12:30pm	Water Aerobics Mah Jongg
Monday	May 24	9:30am 12:30am 7:30pm	Water Aerobics Knitting and Crocheting Mah Jongg
Tuesday	May 25	9:30am 1:00pm 7:00pm	Board of Directors Workshop Poker Covenants and Restrictions
Wednesday	May 26	9:30am 12:30pm 7:00pm	Water Aerobics Mah Jongg Poker
Thursday	May 27	1:00pm	Poker
Friday	May 28	9:30am 12:30pm	Water Aerobics Mah Jongg
Monday	May 31	Closed	Memorial Day



**Mother's Day**  
**Sunday, May 9th**



**Memorial**  
**DAY**  
**Monday, May 31st**

# HAPPY HOUR

## Cocktail Party and Fun Evening

SPONSORED BY THE  
LAKE FOREST  
RELAY FOR LIFE TEAM

**SATURDAY, MAY 22, 2010 at 7:00pm**

HOSTED BY  
**Art Ferreira and JR Trespel**  
232 SW Lake Forest Way

FOR INFORMATION CALL  
**871 1572**

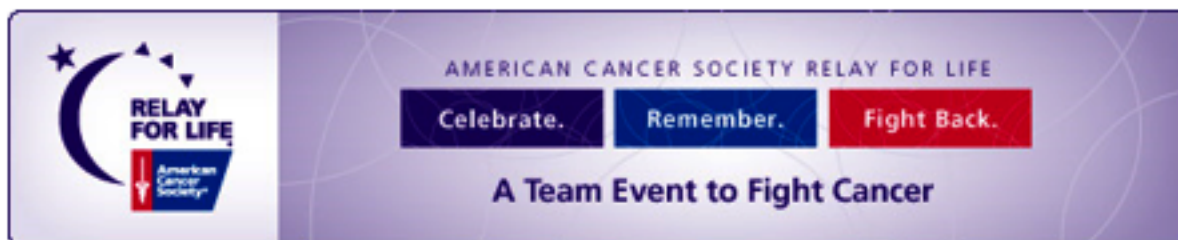
**\$3.00 per person donation. BYOB and an  
appetizer. Raffles, 50/50, Treasure Table**

*SNACK A LITTLE, LAUGH A LITTLE  
MAKE NEW FRIENDS... HELP A WORTHY CAUSE*



All Proceeds Benefit the American Cancer Society's Relay For Life!

Interested in joining the Lake Forest Relay for Life Team? Contact Carl and Barbara Monge at 871 1572, or come to a meeting the first Wednesday of every month. The next meeting is May 5, 2010 at 7:00pm at the clubhouse.



## HELPFUL HINTS



### Separate Bananas

Take your bananas apart from the stem when you get home from the store. If you leave them connected at the stem, they ripen faster. And peel them from the bottom, then you won't have to pick the little "stringy things" off. That's how the primates do it.



### No More Mosquitoes

Place a dryer sheet in your pocket. It will keep the mosquitoes away.



### Newspapers keep weeds away

Start putting in your plants, work the nutrients in your soil. Wet newspapers, put layers around the plants overlapping as you go cover with mulch and forget about weeds. Weeds will get through some gardening plastic, they will not get through wet newspapers.



### Bumps on Peppers

Peppers with 3 bumps on the bottom are sweeter and better for eating. Peppers with 4 bumps on the bottom are firmer and better for cooking.



### Reheat Pizza

Heat up leftover pizza in a nonstick skillet on top of the stove, set heat to med-low and heat till warm. This keeps the crust crispy. No soggy micro pizza.



### Reopening envelopes

If you seal an envelope and then realize you forgot to include something inside, just place your sealed envelope in the freezer for an hour or two. Viola! It unseals easily.



### Goodbye Fruit Flies

To get rid of pesky fruit flies, take a small glass, fill it 1/2 with Apple Cider Vinegar and 2 drops of dish washing liquid; mix well. You will find those flies drawn to the cup and gone forever!



### Measuring Cups

Before you pour sticky substances into a measuring cup, fill with hot water. Dump out the hot water, but don't dry cup. Next, add your ingredient, such as peanut butter, and watch how easily it comes right out.



### Conditioner

Use your hair conditioner to shave your legs. It's cheaper than shaving cream and leaves your legs really smooth. It's also a great way to use up the conditioner you bought but didn't like when you tried it in your hair.



### Get Rid of Ants

Put small piles of cornmeal where you see ants. They eat it, take it 'home,' can't digest it so it kills them. It may take a week or so, especially if it rains, but it works and you don't have the worry about pets or small children being harmed!

### Reducing Static Cling

Pin a small safety pin to the seam of your slip and you will not have a clingy skirt or dress. Same thing works with slacks that cling when wearing panty hose. Place pin in seam of slacks and... static is gone.

**Need someone to help you  
“step away from the cheesecake”**

**or to just keep you on track with your  
food program?**

**I am not a doctor or nutritionist,  
just someone who has been there.**

**It helps to have someone you can confide  
your food cravings to.**

**We'll work together to help you conquer  
this addiction!**

**I want to be your diet buddy.**

**For a free consultation  
or more information  
772-785-8790**

**Shelley Garcia Lake Forest resident**

**Just think of me as your own personal  
weight watcher!!**

## **The Sweet Life**

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- \* Valentine's Day \* Easter \* Halloween \* Thanksgiving \* Christmas \*

For more information contact:

**Alice Lunt**

A Resident of Lake Forest

772-618-5210



# JOIN US FOR A LAKE FOREST FAMILY NIGHT

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**TUESDAY, MAY 4th**  
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DONATED TO  
THE LAKE FOREST COMMUNITY

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**The Lake Forest Clubhouse office is open  
Monday thru Friday from 8:30am to 12:30pm**

**Lake Forest at Saint Lucie West HOA, Inc.**

**249 SW Lake Forest Way**

**Port Saint Lucie, Florida 34986**

**Office: (772) 878 1944 Fax: (772) 878 6461**

**Email: [lakeforestatslw@comcast.net](mailto:lakeforestatslw@comcast.net)**

**or**

**[directors@lakeforestatslw.com](mailto:directors@lakeforestatslw.com)**

**Web site: [www.LakeForestatSLW.com](http://www.LakeForestatSLW.com)**

**Articles for the June Newsletter are due  
Tuesday, May 25th**

**Send articles to Frank Gomes at: [fbgomes@comcast.net](mailto:fbgomes@comcast.net)**

**or**

**[frank@lakeforestatslw.com](mailto:frank@lakeforestatslw.com)**